1. Move Your Money To Make A Difference.
2. Eat more plant foods and less animal foods.
3. Try other modes of transport.
4. Switch to a low-carbon energy provider.
5. Reduce, reuse, and recycle to waste less..
6. Rethink your fashion choices.
7. Choose energy-efficient appliances

**Food**

* Consume local and seasonal products (forget strawberries in winter)
* Limit meat consumption, especially beef
* Select fish from sustainable fishing
* Bring reusable shopping bags and avoid products with excessive plastic packaging
* Make sure to buy only what you need, to avoid waste

**Clothing**

* Take good care of your clothes
* Try swapping, borrowing, renting or buying second-hand
* Buy responsibly-made clothes, e.g. made from recycled material or with an eco-label

**Transport**

* Cycle or use public transport
* Be smart about when and how you drive
* Try the train for your next holiday